

2025-2026

Kindergarten Readiness Calendar



UNITED WAY
Cowlitz and
Wahkiakum Counties

Welcome

Starting Kindergarten is so Exciting!

The Calendar Contains:

- Ideas for fun things to do that will help your child get ready for school.
- Kindergarten registration and other school information.
- Books every child should hear before starting school.
- Contact information for elementary schools and libraries.

Important Things to Know:

All children are different and learn at their own pace. This calendar will help you plan activities that will help your child grow in the skills needed to start kindergarten. Children do better in school if they know more than just letters, numbers, colors, and shapes. They should have good social and physical skills, and enjoy learning new things. Use the guide below as you work with your child to build those skills and get ready for kindergarten.

How to Use the Calendar:

The activities in this calendar are designed for 4 and 5 year olds who will be starting kindergarten next year. They will keep your child busy and learning from September to August. Use this calendar as a guide for fun ideas, but make up some of your own activities too. Be sure to include family members and friends. Have a wonderful year together getting ready for the big event – going to kindergarten!

Having fun is an important part of learning!

Your child learns best when doing fun and interesting things with you!

This school readiness calendar was developed by United Way to help you
and your child get ready for that special time - kindergarten!

Kindergarten Readiness Guide

Use this guide to help prepare your child for school. Don't worry if your child can't do everything on the list right now. Use the items to set goals and remember that children grow and develop at different rates.

Good Health and Well-Being

My Child:

- Eats a balanced diet.
- Gets plenty of rest.
- Sees the doctor and dentist regularly.
- Is up-to-date with all shots.
- Runs, jumps, plays outside and does other activities that provide exercise.
- Colors, paints, does puzzles and other activities that help develop small muscles.

Social and Emotional Development

My Child:

- Is trying new things.
- Is learning to work well alone and do tasks independently.
- Is learning to play well with other children.
- Is curious and wants to learn.
- Is learning self-control.
- Is learning to use words to express feelings.
- Helps with family chores.

Approaches Toward Learning

My Child:

- Pays attention during activities.
- Is learning to follow simple directions.
- Is learning to finish what is started.
- Gets to see and touch things, hear new sounds, smell and taste different foods, and watch things move.
- Uses imagination.

Language and Literacy

My Child:

- Has many opportunities to talk and listen.
- Is read to every day.
- Has access to books and other reading materials.
- Is learning about print and books.
- Says or sings familiar songs and nursery rhymes.
- Is learning to write his or her name and address.
- Retells stories.

Math and Problem Solving

My Child:

- Is learning to sort and classify things.
- Is learning to count and play counting games.
- Is learning to name shapes and colors.
- Makes and listens to music.
- Is encouraged to ask questions.
- Is encouraged to solve problems.
- Has opportunities to draw and be creative.
- Has many opportunities to experience new things.
- Likes to solve problems.



Make Every Day A “Learning Day” With Your Child!



Play is a Child's Work

Library Book checklist

- Duck on a Bike - David Shannon
- Goodbye Summer, Hello Autumn - Kenard Pak
- Swirl by Swirl - Joyce Sidman
- This is Not My Hat - Jon Klassen
- Where the Wild Things Are - Maurice Sendak

Encourage your child to pretend and make believe.

- Make and decorate puppets out of paper bags or old socks. Have your child perform a puppet show!
- Have some grown up clothes, costumes and accessories for your child to use for dress-up.
- With your child, set up a pretend store using empty household food containers.
- Provide basic wooden blocks or other building sets for your child to play with.
- Remember to let your child play alone if he or she is happy.

Encourage artful expressions.

- Take your child on a nature walk and collect interesting objects in a bag.
- Create a collage from this nature collection.
- Paint an old sheet using diluted paints in spray bottles.
- Use freezer paper for finger-painting.
- Let your child make music.
 - Use wooden spoons and plastic tubs for drums.
 - Make cymbals using pot lids.
 - Put dried beans inside two paper plates stapled together for shakers.

Play learning games with your child.

- Make matching pairs of cards using stickers or different colors or shapes.
- Start with six pairs of matching cards, face up and shuffled. Invite your child to find two cards that match.
- Add additional pairs of cards as your child becomes more skilled at finding the pairs.
- Play "I Spy" with objects around the house. For example, "I spy something yellow. You peel it and eat it. What is it?" (banana)

SEPTEMBER 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TRACE
NUMBERS
1-10

1

LABOR DAY

2

Exercise to music today.

3

4

5

6

7

GRANDPARENTS DAY

8

9

Make a salad together.

10

11

With your child,
pretend you are
grasshoppers,
gorillas and goats.

12

13

Teach your child to
ask for help when
they need it.

14

15

Find things
that begin with
the letter "A."

MEXICAN FESTIVAL OF
INDEPENDENCE

17

Practice
counting from
1 to 10.

18

19

Teach your child
that medicine is
not candy.

20

21

This week, look
for things that
are square.

22

FIRST DAY OF FALL
ROSH HASHANAH BEGINS

23

Go to the
library and find out
when story time
is offered.

24

25

Collect shoes
from around the house,
mix them up, then
match the pairs.

26

27

Practice a
fire drill in your
home. Show your
child where to
meet you outside.

28

29

Make a dental
appointment
for your child.

30

NAME 4 THINGS THAT ARE



Encourage Your Child to Listen & Use Words to Express Ideas and Feelings

How do I Feel When....?



Happy
Sad
Confident
Angry
Shy
Confused

Library Book Checklist

- Mr. Grumpy's Outing - John Burningham
- The Don't Worry Book - Todd Parr
- The Pout-Pout Fish - Deborah Diesen
- Leo the Late Bloomer - Robert Kraus
- Go Away, Big Green Monster - Ed Emberley

Take time each day to listen and talk with your child.

- While traveling:
 - Turn off the radio
 - Encourage your child to talk about where you are going and what you will do when you get there
- At home:
 - Turn off the TV at mealtime and talk about things that interest your child
 - Talk about things each of you did that day

Use pictures to help your child express ideas.

- Look at pictures in books together.
- Ask your child to tell you what they see in each picture.
- Have your child draw a picture and then tell you about it.

Have your child express different feelings.

- Read books that explain different feelings.
- Talk about times people feel sad, happy, angry or scared.
- Make faces or voices that show feelings.
- Help your child name feelings while he or she is experiencing them.

Provide activities that involve listening and following directions.

- Have your child do two things in order like:
 - Pick up their plate and put it in the sink
 - Hop to the door and open it

OCTOBER 2025

PBS Kids Daniel Tiger's
Life's Little Lessons for
Developing Key Social
and Emotional Skills.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Which Face is
Angry / Sad /
Happy?



1

YOM KIPPUR BEGINS

2

Talk about how
all feelings are
okay but not all
actions are okay.

3

4

Cut up an old
greeting card in
puzzle-like shapes
and fit the pieces
back together.

5

6

This week,
look for things
that are **orange**.

7

8

Have your
child choose
a special topic
and together,
find a library
book about it.

9

10

Find things
that come
in pairs.

11

12

13

COLUMBUS DAY
INDIGENOUS PEOPLES' DAY

14

Make a
shopping list
with your child.

15

16

Find the
letter "P" on
different
things.

17

18

With your
child, pretend
you are puppies,
pirates and princes
or princesses.

19

20

This week,
find the letter "N"
on things around
the home.

21

22

Find the
number "2"
on different
things.

23

24

With your child,
write a note to a
friend or relative.

25

26

With your
child, look at
the pictures in
a book before
you read it.

27

28

Collect and sort
autumn leaves.

29

30

Draw
something
that is
orange.

31

HALLOWEEN



Help Your Child Become Aware of the Letters, Words and Sounds of Language



Library Book Checklist

- Alphabet Rescue - Audrey Wood
- Chicka Chicka Boom Boom - Bill Martin
- Is your Mama a Llama? - Deborah Guarino
- LMNO Peas - Keith Baker
- Read-Aloud Rhymes for the Very Young - Jack Prelutsky

Teach your child the letters of the alphabet.

- Make cards with one letter of the alphabet on each card.
- Lay out the cards and sing the alphabet song together. Ask your child to touch each letter as you sing.
- Read alphabet books and encourage your child to name the letters he or she recognizes.
- Play "Find the Letter" with your child when you are out shopping.

Teach your child that words have meanings.

- Help your child recognize his or her first name in print.
- Invite your child to "read" the names of familiar stores, signs and products.
- Help your child make a dictionary with some of his or her favorite words listed under each letter of the alphabet. Ask your child to draw a picture next to each word.

Help your child match letters to sounds.

- Tape pictures of items that begin with the same letter on the back of each alphabet card. For example, a picture of a banana would go on the back of a letter "B" card.
- Write down a letter and tell your child the sound that letter makes. Ask your child to name other words that have that beginning letter sound.

Play with rhyming sounds.

- Find different items around the house like a sock, ball or hat. For each item, ask your child to say a word that rhymes with it. Silly words that rhyme are fine.
- Read rhymes with your child. Ask your child to complete rhymes with the correct rhyming word.

Hey diddle diddle. The cat and the _____. (fiddle)
Jack and Jill went up the _____. (hill)

NOVEMBER 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

PRACTICE THE ALPHABET:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

2

DAYLIGHT SAVINGS

3

Find the number "3" on different things today.

4

ELECTION DAY

5

While in line, talk about waiting your turn.

6

7

Pick a new book and encourage your child to guess what the story will be about by looking at the cover.

8

9

This week, look for things that are **brown**.

10

11

Practice shoe tying.

VETERANS DAY

12

13

With your child, make up a story about turkeys, tortillas and turtles.

14

15

Exercise with your child. Hop and do arm circles, counting them as you go.

16

17

With your child, trace the letters of their first name.

18

19

Make a list of things you are thankful for.

20

THANKSGIVING

21

Draw a picture of your whole family.

22

23/30

24

25

Look for the letter "T" today.

26

27

With your child, listen for different kinds of sounds everywhere you go today.

28

29



Songs & Finger Plays

Below are a few songs and finger plays recommended by The Public Library Association.
Parents and caregivers can use them to develop reading readiness in children beginning to read.

If You're Happy and You Know It

If you're happy and you know it, Clap your hands.
If you're happy and you know it, Clap your hands.
If you're happy and you know it, Then your face will surely show it,
If you're happy and you know it, Clap your hands.

(repeat with stomp your feet, shout hurray, peekaboo, slap your knees)

Five Little Ducks

Five little ducks that I once knew,
Fat ones, skinny ones there were too.
But the one little duck with the feather on his back,
He led the others with a quack, quack, quack.
Quack, quack, quack.
Quack, quack, quack.
He led the others with a quack, quack, quack.
Down to the meadow they would go,
Wibble wobble, wibble, wobble to and fro,
But the one little duck with the feather on his back...

(repeat refrain)

Head and Shoulders, Knees and Toes

(throughout, touch the appropriate part of own body)

Head and shoulders, knees and toes, knees and toes.
Head and shoulders, knees and toes, knees and toes.
Eyes and ears, and mouth and nose,
Head and shoulders, knees and toes, knees and toes.

Reach for the Ceiling

(suit actions to words)

Reach for the ceiling, Touch the floor,
Stand up again, Let's do some more.
Touch your head, Touch your knee,
Up to your shoulders, Like this you see.
Reach for the ceiling, Touch the floor.
That's all for now, There isn't anymore.

Wheels on the Bus

The wheels on the bus go round and round,
Round and round, round and round,
The wheels on the bus go round and round,
Round and round, round and round,
All around the town.
The wipers on the bus go swish, swish, swish...
The driver on the bus says "move on back" ...
The people on the bus go up and down...
The babies on the bus go "wah, wah, wah"...
The parents on the bus go "ssh, ssh, ssh"...

(adaptions: the horse on the farm goes "neigh, neigh, neigh," cow, lamb, pig, etc.)

Little Turtle

There was a little turtle,
(make a fist)
He lived in a box.
(put one fist in cupped opposite hand)
He swam in a puddle,
(make paddling motion with hands)
He climbed on the rock.
(climb hands upwards in front of body)
He snapped at a mosquito,
(make 'snap' motion with thumb and forefinger on last word)
He snapped at a flea,
(snap on last word)
He snapped at a minnow,
He snapped at me.
(snap at your nose on last word)
He caught the mosquito,
(clap on last word)
He caught the flea,
(clap on last word)
He caught the minnow,
(clap on last word)
But he didn't catch me!
(point to self and shake head "no"!)

Cowlitz & Wahkiakum Counties Libraries

Castle Rock Public Library

137 Cowlitz St West
Castle Rock, WA 98611
360-274-6961

Cathlamet Public Library

100 Main Street
P.O. Box 335
Cathlamet, WA 98612
360-795-3254

Kalama Public Library

312 N. 1st Street
Kalama, WA 98625
360-673-4568

Kelso Public Library

351 Three Rivers Drive
Ste. 1263
Kelso, WA 98626
360-423-8110

Longview Public Library

1600 Louisiana Street
Longview, WA 98632
360-442-5300

Woodland Community Library

770 Park Street
Woodland, WA 98674
360-906-4830



Read with Your Child Each Day



Library Book Checklist

- Book! Book! Book! - Deborah Bruss
- How to Ready a Story - Kate Messner
- Incredible Book Eating Boy - Oliver Jeffers
- Llama Llama Red Pajama - Anna Dewdney
- The Snowy Day - Ezra Jack Keats

Create a reading place for your child.

- Keep your child's books in a special place and easy to reach.
- Put a small rug or pillow in the special place to make it a fun place for reading.
- Talk with your child about how to take care of books.

Give your child different types of books to read.

- Get a library card for you and your child and visit the library often.
- Visit the children's section of the library together and choose books to take home.
- Look for books in other places.
 - From friends and relatives
 - At garage or yard sales
 - At book stores

Make some time each day to read with your child.

- Read in a quiet place.
- Snuggle up with your child when you read.
- Read your child's favorite books over and over.
- Help your child understand that reading is important.

Let your child join in the reading.

- Before you start reading, let your child look at the pictures and guess what the book is about.
- Show your child how to read a book (from left to right and front to back).
- Encourage your child to point to the pictures in the book.
- After reading a book, ask him to tell the story in his own words.

DECEMBER 2025

Tips & Tools
for Reading
with Your
Child



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Help your child practice zipping their coat and then take a walk together.	3	4 Find the number "4" on things around the store.	5	6
7	8 This week, look for the letter "D."	9	10 Help your child write the letters of his first name.	11	12 Put on music and dance fast, slow, happy and silly.	13
14 HANUKKAH BEGINS	15	16 With your child, pretend to be snowflakes, snowballs and snowmen, then melt.	17	18 Use an egg carton to sort beans, buttons or beads.	19	20 Call a loved one.
21 Draw a winter picture. FIRST DAY OF WINTER	22	23 Make cookies with your child to share as a gift.	24 CHRISTMAS EVE	25 Sing your favorite holiday song. CHRISTMAS	26 KWANZAA BEGINS	27
28	29 Look for the letter "B" today.	30	31 Count backwards from 10 with your child. NEW YEAR'S EVE	Count the Chocolate Chip Cookies 		

Help Your Child with Numbers and Counting



Use number words and point out written numbers when you and your child do things together.

- In the kitchen:
 - "On this package of rice it says to add 2 cups of water."
 - "I need you to put 3 forks and 3 plates on the table."
- At the grocery store:
 - "That sign says bananas are 59 cents a pound."
 - "Pick out 4 apples and put them in this bag."
- At play:
 - "See if you can stack 6 pennies."
 - "Can you put 4 blocks in a row?"

Play number and counting games with your child.

- Play "Simon Says." Say to your child:
 - "Simon says clap your hands 5 times."
 - "Simon says take 3 steps forward."Let your child have a turn being "Simon."
- Make a card for each of the numbers 1,2,3,4 and 5.
- Ask your child to place the correct number of pennies or beans on each card.

Read, tell stories, sing songs and say nursery rhymes about numbers and counting.

- Read or tell stories such as The Three Bears to your child.
- Say nursery rhymes such as "One, Two, Buckle my Shoe" and "Baa Baa Black Sheep" with your child.
- Sing counting songs you may remember from your childhood.

Library Book Checklist

- One Duck Stuck - Phyllis Root
- Ten Little Ladybugs - Melanie Gerth
- The Mitten - Jan Brett
- Ten, Nine, Eight - Molly Bang
- Pete the Cat & His Four Groovy Buttons - Eric Litwin

JANUARY 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TRACE
NUMBERS
1-10

1

NEW YEAR'S DAY

2

Read two books today.

3

4

5

Play "Simon Says" Today

6

7

8

9

10

11

Create an obstacle course that requires big movements.

12

Play "Simon Says" Today

13

Make counting fun by asking things like "How many windows are in this room?"

14

15

Find things that begin with the letter "A."

16

17

Teach your child their address.

18

19

This week, look for things that are **purple**.

MARTIN LUTHER KING JR. DAY

20

21

Today, play toss and catch.

22

23

Practice being quiet for one minute and then for two minutes.

24

25

Look for the number "5" today.

26

27

Ask your child to draw pictures of different places.

28

29

Find the letter "J" in newspapers or magazines.

30

31



Make Time for Family



Library Book Checklist

- Abuela - Arthur Dorros
- Guess How Much I Love You - Sam McBratney
- Love You Forever - Robert N. Munsch
- Thank You, Omu! - Oge Mora
- The Kissing Hand - Audrey Penn

Encourage family closeness.

- Keep a family journal for everyone to write or draw in.
- Call a relative to say "I love you."
- Eat meals together.
- Create your own family holiday greeting cards.
- Invite family members to your children's activities.
- Share and record great family stories.

Reduce stress.

- Take a walk, hike or bike ride for a healthy family activity.
- Start a family game night and play games like "Twister."
- Volunteer to help someone in need.
- Stay true to routines like bed time and meal time.
- Do chores together.
- Laugh together.

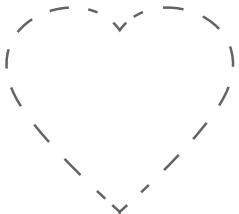
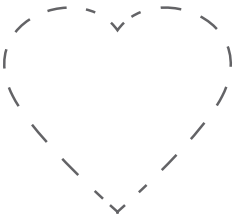
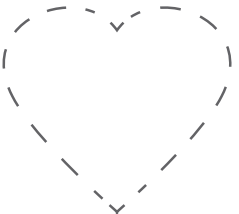
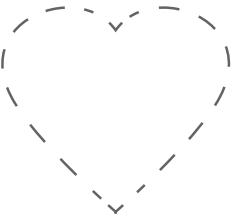
Establish family traditions.

- Draw secret pal names and do acts of kindness.
- Have a special meal plate that is used to celebrate special occasions.
- Let the birthday person choose their favorite meal.
- Have a family movie night every week.

Make cooking and meal time family time.

- Turn off the TV at cooking and meal times.
- At the table, talk about things that interest your child.
- Share choices about a meal with your child.
- Shop for ingredients together and let your child pick a fruit, vegetable or meat.

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Play "I love you more than..." GROUNDHOG DAY	3	4 With your child, pretend you are lions, logs and falling leaves.	5	6 Today, find the number "6" on things.	7
8	9	10 Count all the doors or windows in your home with your child.	11	12 Find the letter "V" today.	13	14 Draw a Valentine's Day heart with your child. VALENTINE'S DAY
15	16 Find the letter "I" this week. PRESIDENTS' DAY	17 RAMADAN BEGINS	18 Schedule a six-month dental check-up for your child. ASH WEDNESDAY	19	20 Talk with your child about what he or she enjoys doing.	21
22 This week, look for things that are pink .	23	24 With your child, talk about animals with 2 legs/4 legs.	25	26 Today, find things with the letter "L" on them.	27	28 Teach your child their phone number.
Count & Trace the Hearts						

Make the Most of TV, Videos & Computers



Library Book Checklist

- The Napping House - Audrey Wood
- Clifford the Big Red Dog - Norman Birdwell
- Fuzzy Yellow Ducklings - Matthew Van Feet
- Rosie's Walk - Pat Hutchins
- Brown Bear, Brown Bear, What do You See? - Bill Martin

Use media to help your child learn.

- Pick shows, videos, and apps that help your child learn new things in fun ways.
- Explore kid-friendly documentaries, story apps, and library resources that spark curiosity.
- Let them play games that build early skills like numbers, shapes, and problem-solving.
- Play different types of music to help them enjoy listening and discover new sounds.

Keep screen time in balance.

- Set simple limits for how long your child can be on screens each day.
- Turn off the TV or tablet when no one is using it - only turn it on for something special.
- Keep screens out of bedrooms and use them in shared spaces like the living room.
- Make time for fun off-screen activities like playing outside, reading, or doing crafts together.

Be aware of what your child is watching or playing.

- Choose shows, games, and websites that are age appropriate.
- Check out what they'll see ahead of time and use kid-safe settings when you can.
- Watch or play with them whenever possible - talk about what's happening and what they think about it.



Help screens take a backseat in family life.

- Make time for drawing, dancing, playing outside, and using imagination every day.
- Keep mealtimes screen-free and chat about what everyone did that day.
- Show your child how to take breaks from phones and screens - they learn by watching you!
- Try to put your phone down when you're spending time together - being present makes a big difference

MARCH 2026

BBC's Learning Blocks Series,
where the Alphabet, Numbers,
and Colors Come to Life for
Interactive Learning!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Find the letter "K" today.	4	5 Practice throwing and catching a ball.	6	7 Find the number "7" today.
8 DAYLIGHT SAVINGS	9 Read a story with your child and have him tell you what happened first, second and last.	10	11 Practice jumping, hopping and skipping.	12	13 With your child, find words that rhyme.	14
15 Help your child draw a kite with two triangles.	16	17 Have your child pick out something green to wear today. ST. PATRICK'S DAY	18	19 Take a walk with your child and look for signs of spring.	20 FIRST DAY OF SPRING	21
22	23 This week, find the letter "E."	24	25 Start a story, stop and have your child make up the ending.	26	27 Sing the alphabet song.	28
29	30	31 Today, find things that are shaped like a triangle.	Trace the Triangles 			



Cowlitz & Wahkiakum Counties

Preschools, Elementary Schools & Other Learning Facilities

Preschool/ Elementary Schools

Lower Columbia Head Start/ECEAP

1600 Maple Street
PO Box 3010
Longview, WA 98632
360-442-2800

St. James Family Center

1134 Columbia Street
Cathlamet, WA 98612
360-795-8612

Elementary Schools

Barnes Elementary School

401 Barnes Street
Kelso, WA 98626
360-501-1500

Beacon Hill Elementary School

257 Alpha Drive
Kelso, WA 98626
360-501-1450

Butler Acres Elementary School

1609 Burcham Street
Kelso, WA 98626
360-501-1600

Carrolls Elementary School

PO Box 3
Carrolls, WA 98609
360-501-1380

Castle Rock Elementary School

700 Huntington Ave. S.
Castle Rock, WA 98611
360-501-2910

Columbia Elementary School

600 Bozarth Street
Woodland, WA 98674
360-841-2900

Columbia Heights Elementary School

2820 Parkview Drive
Longview, WA 98632
360-575-7461

Columbia Valley Gardens Elementary School

2644 30th Avenue
Longview, WA 98632
360-575-7502

J A Wendt Elementary School

265 South 3rd Street
PO Box 398
Cathlamet, WA 98612
360-795-3261

Kalama Elementary School

548 China Garden Road
Kalama, WA 98625
360-673-5207

Kessler Elementary School

1902 E. Kessler Boulevard
Longview, WA 98632
360-575-7580

Lexington Elementary School

200 Boardwalk Way
Kelso, WA 98626
360-501-1450

Mint Valley Elementary School

2745 38th Avenue
Longview, WA 98632
360-575-7581

North Fork Elementary School

2250 Lewis River Rd
Woodland, WA 98674
360-841-2750

Northlake Elementary School

2210 Olympia Way
Longview, WA 98632
360-501-8700

Olympic Elementary School

1324 30th Avenue
Longview, WA 98532
360-575-7084

Robert Gray Elementary School

4622 Ohio Street
Longview, WA 98632
360-575-7302

Rose Valley Elementary School

1502 Rose Valley Road
Kelso, WA 98626
360-501-1400

St. Helens Elementary School

431 27th Avenue
Longview, WA 98632
360-575-7362

Toutle Lake Elementary School

5050 Spirit Lake Hwy.
Toutle, WA 98649
360-274-6182

Wallace Elementary School

410 Elm Street
Kelso, WA 98626
360-501-1650

Yale Elementary School

11842 Lewis River Road
Ariel, WA 98603
360-841-2950

Community Caring Project

2218 E. Kessler Boulevard
Longview, WA 98632
360-414.9212

Progress Center

1600 3rd Avenue
Longview, WA 98632
360-425-9810

Kindergarten Readiness Resources

Kindergarten Milestones and Skill Builders by Subject

www.familyeducation.com

Child and Family Resources

www.dcyf.wa.gov/services

WA Kindergarten Inventory of Developing Skills

www.ospi.k12.wa.us/wakids

Child Care Aware of Washington

www.childcareawarewa.org

National PTA Parent's Guide to Student Success

www.pta.org

School Readiness

www.naeyc.org/our-work/families/school-readiness

All Aboard for Kindergarten

www2.sos.wa.gov/library/libraries/projects/earlylearning/kindergarten.aspx

Tools for Your Child's Ages and Stages

www.bornlearning.org

Science-Based Tips and Tools for Children

www.vroom.org



FREE BOOKS FOR KIDS!

Register your child today to receive FREE monthly books until their 5th birthday.

Scan to Enroll or visit
www.cowlitzunitedway.org



Scan the QR code to track your child's developmental milestones and access free resources for families.



Make “Going to Kindergarten” Plans with Your Child



Get ready for kindergarten.

- Begin to gather school supplies for your child.
- Play school with your child. Take turns being the teacher.
- Pretend your car is the school bus.
- Eat a meal from a lunch box or bag.
- Have your child put on and take off a coat.
- Sing songs and draw pictures.
- Decide how you will say goodbye to each other on the first day of school.

Visit your child's school.

- Attend your school's open house or "Back to School" event this month.
- Learn about your child's school bus route and times.
- Find out about the daily schedule for your child's class.
- Explore the classroom.
- Look for the cafeteria, playground, restrooms, principal's office & library.

Establish a school routine.

- Determine a regular bedtime for your child.
- Put backpacks and school supplies in the same place every day.
- Talk about and choose school clothes the night before school.
- Have a pleasant conversation with your child on the way to school or the bus stop.

Library Book checklist

- All by Myself - Mercer Mayer
- Arthur's off to School - Marc Brown
- How do dinosaurs say Good Night? - Jane Yolen
- School's First Day of School - Adam Rex
- Mrs. Bindergarten Gets Ready for Kindergarten - Joseph Slate

APRIL 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Color the Crayon Your Favorite Color



1

PASSOVER BEGINS

2

Help your child draw an umbrella with your child under it.

3

GOOD FRIDAY

4

5

EASTER SUNDAY

6

Put on music and dance and clap to the beat.

7

8

Look for the number "8" today.

9

10

Find things that are shaped like rectangles.

11

12

Look for the letter "Q" this week.

13

14

With your child, pretend you are rabbits and robots.

15

16

Today, eat something from a rectangular or square box.

17

18

19

20

Find things that are in the shape of a square.

21

22

Let your child plant seeds in a jar and watch them grow.

EARTH DAY

23

24

Play "I Spy" things that are blue.

25

26

Cook a favorite family breakfast together.

27

28

Look for the letter "R."

29

30



Encourage Your Child to Use School Tools



Library Book Checklist

- Color Zoo - Lois Ehlert
- Flower Garden - Eve Bunting
- The Day the Crayons Quit - Drew Daywalt
- My Map Book - Sara Fanelli
- Harold and the Purple Crayon - Crockett Johnson

Gather and organize tools for drawing, writing and cutting.

- Help your child choose a container for drawing and writing materials.
- Decide on the rules for using drawing and writing materials. For example, "Markers may only be used at the table" and "Scissors are for cutting paper," are good starting rules.
- Find a special place to display drawings and projects your child has made.

Let your child experiment with drawing.

- Let your child draw pictures in different places.
 - In the kitchen when you are cooking
 - At the park
- Talk with your child about their pictures.
- Praise your child's efforts. Remember, perfection is not the goal.

Let your child see that words on paper are part of daily life.

- Make a shopping list together.
- Put your child's name on their things.
- Leave notes for family members.

Help your child practice using scissors.

- Decide where your child will be allowed to use scissors and talk about safety when using them.
- Show your child how to hold scissors and paper while cutting.
- Give your child newspaper, magazines or junk mail to cut.

MAY 2026

SUNDAY

MONDAY

TUESDAY

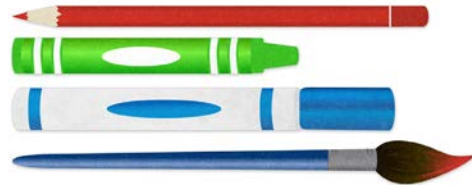
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Draw a Line
from the School
Supply to its
Name!**



**Marker
Colored Pencil
Paint Brush
Crayon**

1 Make and give a
"May Day" gift
for a friend or
neighbor.

MAY DAY

2

3

4

5 Help your
child practice
writing his/her
name.

CINCO DE MAYO

6

7 Have your child name
the letters found on
cereal boxes, cans
and other food items.

8

9 Find the
number "9"
today.

10

MOTHER'S DAY

11

Find the
letter "O"
today.

12

13 After reading
a story, have
your child tell
you what happened
first, next and last.

14

15 Visit the PBS Kids
website at pbskids.org
and find games
to play.

16

17

Today
practice good
hand washing.

18

19

Keep the TV
off today.

20

21

Find things in
the store that
are shaped like
a circle.

22

23

Draw
something
yellow.

24/31

25

Find the
letter "M"
today.

MEMORIAL DAY

26

27

Go to the library
and explore their
on-line services.

28

29

Have your child
count as high
as they can.

30



Health & Safety First



Library Book Checklist

- Don't Let the Pigeon Drive the Bus! - Mo Willems
- Frog and Toad are Friends - Arnold Lobel
- Garden Time - Jill McDonald
- How a Seed Grows - Helen J. Jordan
- The Very Hungry Caterpillar - Eric Carle

Suggest activities that get your child moving.

- Plan family outings that involve exercise.
- Give your child household chores that include movement.
- Use the stairs whenever possible.
- Choose gifts that encourage exercise.
- Limit TV, movies and computer games.

Encourage healthy eating.

- Keep healthy snacks on hand.
- Plan meals together that include several food groups.
- Visit the farmers market for fresh foods.
- Grow vegetables in a pot or garden.
- Make sweet treats a treat.
- Visit the dentist every six months.

Teach good hygiene.

- Teach your child to wash their hands after using the bathroom.
- Show them how to cover a cough or sneeze.
- Encourage your child to brush their teeth every day.

Be safety smart.

- Have a family fire safety plan.
- Teach your child about dialing 9-1-1.
- Check the fit of safety equipment like car seats and bike helmets.

JUNE 2026

Healthy
Eating
for Kids



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Pretend it's the first day of school and practice saying "goodbye" to each other.	3	4 Ask your child to draw a big square, then draw things in, out, over and under the square.	5	6
7	8 This week, look for the colors of the rainbow.	9	10 Find the number "10" today.	11	12 Play "Follow the Leader" outside.	13
14 Learn a patriotic song. FLAG DAY	15	16 Go on a rock hunt. How are the rocks the same or different?	17	18 Count in groups of "10" with your child.	19 JUNETEENTH	20
21 FATHER'S DAY FIRST DAY OF SUMMER	22 Find the letter "C" this week.	23	24 Talk about how some children have special needs.	25	26	27
28 Look for the letter "F" on things.	29	30 Make a List of Healthy Snacks	Count the Red Apples 			

Give Your Child Daily Opportunities to get Exercise



Library Book checklist

- From Head to Toe - Eric Carle
- Harry the Dirty Dog - Gene Zion
- Jump, Frog, Jump! - Robert Kalan
- Lemons Are Not Red - Laura Vaccaro Seeger
- We're Going on a Bear Hunt - Michael Rosen

Collect safe toys to help your child use large muscles.

- Use empty plastic water bottles as bowling pins.
- Make beanbags by filling a sock part-way with dried beans and tying a knot.
- Use beanbags, big balls or small pillows to throw and catch.

Let your child spend time outside.

- Have a safe outdoor place for your child to run and play.
- Set up an obstacle course and have your child steer a bike, scooter or roller skates through it.
- Take your child to the park or playground.

Give your child things to do when playing.

- Encourage your child to play "Hop Scotch" to his or her ability.
- Play singing games such as the "Hokey Pokey."
- Let your child try balancing a book on his or her head while walking.
- Act like different animals. Can your child:
 - Hop like a rabbit?
 - Slide like a snake?
 - Crawl like a bug?
 - Fly like a bird?

JULY 2026

SUNDAY

MONDAY

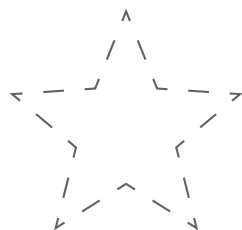
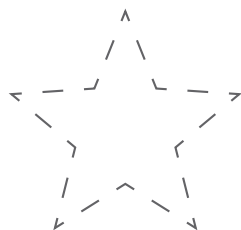
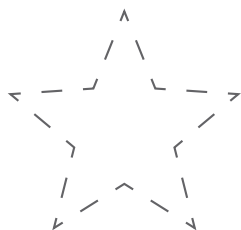
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

2

Use chalk to draw on the sidewalk or driveway.

3

4

Have your child find things that are **red**, white and **blue**.

INDEPENDENCE DAY

5

6

Find the letter "W" today.

7

8

Practice writing letters and numbers with your child.

9

10

Say a word and ask your child to tell you the opposite (big, small, sad, happy.)

11

12

Find the letter "X" this week.

13

14

Count pennies as high as your child can count.

15

16

Practice singing the letters of the alphabet.

17

18

19

20

Play "Which is Bigger?" using the numbers 1-10.

21

22

Find the letter "Y" today.

23

24

Celebrate something your child has recently accomplished.

25

26

27

PARENTS' DAY

28

Together, recall and list the day's events.

29

30

Put together a puzzle with your child.

31



Invite your child to think and solve problems

Involve your child in discovering things that go together.

- Collect things that go together from around your home (e.g. comb and brush, spoon and fork, toothbrush and toothpaste). As you collect school supplies, see if you can find similar pairs (crayons with paper, pencils with erasers).
- Work together to create a balanced lunch in preparation for eating lunch at school. Ask your child to find one item from each group: a fruit, a vegetable, a protein, and a grain. Talk about how these foods go together to help them grow strong and stay focused at school.
- Organize clothing for the first week of school (group outfits with socks and shoes).
- Look for school-related items around your home that belong in a backpack.
- Find things that go together for a smooth morning routine (toothbrush + toothpaste, alarm + clothes).

Play pattern games together.

- Use school supplies to create simple patterns (marker, pencil, marker, pencil...).
- Create a movement pattern and ask your child to repeat it. For example: step-step-jump-turn.
- Lay out shoes and socks in a pattern (sock, shoe, sock, shoe) and ask your child what comes next. Then try a more difficult pattern (sock, sock, shoe or sock, shoe, shirt).
- Walk or drive the route to school and make up a pattern from what you see (tree, house, stop sign).
- Make a snack pattern together! Use items like crackers, apple slices, and cheese cubes to build a simple pattern (cracker, apple, cheese... cracker, apple, cheese). Ask your child what comes next, or let them create their own pattern!

Provide opportunities to experience and solve conflicts.

- Invite your child to take turns picking items to pack in a pretend backpack with a sibling or friend.
- Talk through what to do if another child wants the same toy or seat on the bus.
- Role-play common school scenarios: "What would you do if someone grabs the crayon you're using?"
- Practice asking for help politely using please and thank you (e.g. "Can you please help me find my cubby?").
- Encourage activities that involve sharing, like building with blocks or taking turns with school games.



Library Book Checklist

- It Looked Like Spilt Milk - Charles Shaw
- If you Give a Mouse a Cookie - Laura Numeroff
- Sort it Out - Barbara Mariconda
- Where's Spot? - Eric Hill
- Mouse Paint - Ellen Stoll Walsh

AUGUST 2026

SUNDAY

MONDAY

TUESDAY

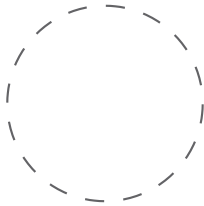
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Name &
Trace the
Shapes**



1 Practice math at home. For example, "I have 1 cookie and you have 2 cookies. That makes 3 cookies."

2

3

Have your child bounce a ball and count each bounce.

4

5

Visit your child's school and play on the playground.

6

7

Take a walk and talk about all the different sounds you hear.

8

9

10

11

Organize what your child will need for the first day of school.

12

13

Read books at the beach or park.

14

15

Review the alphabet with your child.

16

17

Have your child draw a picture of their new school.

18

19

Have your child write their name and identify each letter.

20

21

Talk about ways to make friends.

22

23/30

24/31

25

Have your child draw a circle, square, triangle and a rectangle.

26

27

Practice zipping and buttoning with your child.

28

29





UNITED WAY

Cowlitz and
Wahkiakum Counties

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360-423-5320

www.cowlitzunitedway.org